

Patient Instructions following Nail Surgery

General information: Stay off your feet as much as possible today. You may wear a sandal, open toe footwear or shoe that does not squeeze, constrict or put pressure on your toe(s). Your toe(s) may remain numb for a number of hours after the procedure. Please contact our office if you have any questions or concerns.

Bleeding: Slight bleeding, discoloration and drainage (oozing) are normal.

Discomfort: You can elevate your foot to help alleviate minor swelling, bleeding and discomfort. You may also take Aspirin, Tylenol or other over-the-counter pain relievers as directed. Application of ice may also be helpful. Prescription pain medication may also have been prescribed. If the pain and discomfort are not controlled adequately, then contact our office.

Removing the bandage: Starting the day after surgery, shower or bathe as normal with the bandage in place. This will make it easier to remove with minimal or no discomfort.

Applying another dressing: After showering or bathing, blot the surgical site (nailbed) dry and apply a thin layer of Amerigel ointment. Cut a suitable size piece of gauze to fit, and place 1 to 2 pieces of gauze directly over the surgical site and secure in place with a Band-Aid. **IMPORTANT:** the Band-Aid should be applied around the toe resembling a ring. Expect continued drainage (oozing) from the surgical site.

DRESSING CHANGES NEED TO BE DONE ONCE DAILY.

If you have any questions
or concerns, please do not hesitate to
CALL (978) 441-9241